



LONG FURLONG LINK

March 2010

Upcoming Events



Long Furlong SWAP SHOP

24th April 2010 10am to 11.30am

At

Long Furlong Community Centre

*Admission free *Refreshments on sale*

Bring along things that you don't want and take away things you do.....

Or just come along and pick something up... all for FREE!

(All items must be portable, safe, clean and genuinely usable).

For more information on this event please visit www.longfurlongcommunity.co.uk

or see the enclosed leaflet.



To hire the hall:

Please email

bookingsec.lfca@live.co.uk

A new email only system is being trialled. Only use this email address to book the hall, as other committee members do not have access to the diary.

We want to hear from you!

The Community Centre is part of your community. You can have a say in what goes on.

It's there for your use.

Let us know what events you would like to have there.

longfurlonglink@sky.com



Long Furlong Buggy Club Table top Sale

Long Furlong Community Centre

Saturday 15th May 2010, 10-11.30am

The sale is for babies and children's Clothes, toys and nursery equipment.

Table hire is £5, £2.50 for clothes rail.

e-mail longfurlongbuggyclub@hotmail.co.uk for booking form.

Entry on day for buyers is £1 per adult



CHRISTCHURCH ON LONG FURLONG

Good Friday Holiday Club

Fun, games, puppets, crafts, sensing, the Easter story for primary school age children.

Friday 2nd April 10.00am to 12.00am

At Long Furlong School

Tickets available soon from Joanne Samuels

01235 538258

Easter Sunday service

4th April 10.00am at Long Furlong School

For details of Good Friday services and events, please look on the community centre notice boards.

CHRISTCHURCH ON LONG FURLONG

meets each Sunday in the Primary School at 10.00am for morning worship. Children and young people leave the main service after about 15 minutes to have their own groups and activities. There is a crèche for under 3's. Refreshments are served after the service. All are welcome.

Why not see how God could help you ?



The Abingdon Horticultural Society Spring Show At The Northcourt Centre

(opposite Sellwood Road in Northcourt Road) on
Saturday 27 March from 2.00pm until 4.00pm.

There is always an interesting display of spring flowers and a plant sales stall. This is our 125th anniversary year, so we want to make it a special occasion. If you like what you see, why not join us? We have an interesting programme of expert talks, visits to places of gardening or general interest, and an annual holiday. It only costs £7 a year to join (£10 family), so come along and talk to any committee member, or contact our Secretary ampratley@yahoo.co.uk. You can also see more information on the web site www.abingdon-hort-soc.org.uk



Spring-a-Lings Musical Movement & Activities for under 5's Starts 20th April

New activity starting at Long Furlong Community Centre.
Please see overleaf for further details.

Get Active with GO Active

Just Jog are jogging groups for anyone who wants to get more active.

Groups across the Vale District are launching from March 2010.

Every fancied taking part in a cycle event but want the fitness and skills to prepare for it? A short programme starts 28th of March for six weeks led by a qualified instructor. Starting at Portway car park, Wantage.

For more information on both these activities contact

anna.capel-davies@whitehorsedc.gov.uk

or phone 01235 540369

or www.getoxfordshireactive.org.



New Long Furlong Community Centre Web site Launched

The Long Furlong Community Centre website had been redesigned and was launched in February. It contains information on what clubs are held at the centre and when they run, hiring details, information on upcoming events and lots more.

Why not take a look! Our web address is
longfurlongcommunity.co.uk

Log onto our 'local issues' page

www.longfurlongcommunity.co.uk

This will enable us to see what local issues you find important and what we might be able to do to help. We will report on what concerns you in future newsletters.

E-NEWSLETTER

If you would like to receive these newsletters by e-mail you can now subscribe to them through our website: www.longfurlongcommunity.co.uk
Newsletters are also downloadable from the website



Please Recycle

Long Furlong Community Association is a registered charity. No. 900632

ADVERTISEMENTS

In debt? Need help now?
0800 138 1111



Call a CCCS Counsellor
For free and independent advice
for better thinking about money, visit:
www.moneybasics.co.uk
www.creditaction.org.uk

Cox's Building Services

Brickwork, Extensions, Walls, Patio's,
Fencing, Driveways, General Building
Free quotations
01235 531689
07787 515050
coxbrickwork@hotmail.co.uk



Beauty By Jane

Qualified Holistic & Beauty Therapist
Fully Equipped Room North Abingdon
Treatments including Waxing, Manicures, Pedicures,
Facials, Massages, Tanning, Reflexology & More.
For Appointments or Information call Jane on:
0788 1437005 or 01235 201840
www.beautybyjane.com

PILATES CLASSES

@ Long Furlong Community Centre Term Time only
Wednesdays 9.30-10.30am intermediate
10.30-11.30am beginners.
For more information and to reserve a place phone or
email Linda: 01865 821273
linda_riley100@hotmail.com
www.linda-riley-pilates.co.uk

Massage Treatments

In your own home or
At The Natural Health Centre
****NEW** Thai Aroma Massage**
Perfect for relaxation
Penny Edwards 07951 793074



CIRCLE OF LIFE

Professional Holistic Treatments. Including: Reflexology,
Therapeutic and Indian Head Massage, Aromatherapy and
Holistic Facials. *Free confidential consultation.*
For information & appointments contact:
MONIKA MAHONEY MIHHT MFHT
On 01235 553106 -
10% OFF YOUR 1st TREATMENT WITH THIS ADVERT



JTL ELECTRICAL SERVICES LTD

providing a quality installation.....
45 Rose Avenue Abingdon
Oxon OX14 1XX
0783 329 6680 and 0783 329 6681
info@jtlelectrical.com
www.jtlelectrical.com

Carpet & Upholstery Cleaning

All systems available, we advise you pick!
Local family firm with a great reputation, we offer
a money back guarantee with no teeny tiny print.

Hunts Cleaning Ltd

www.huntscleaning.com
Tel: Kirsty on 01235 553415

Cord Electrical

Based in Abingdon and with over 30
years in the trade. NAPIT Registered
No job too small.
Contact Colin Byrne
29 Loyd Close, Abingdon
01235 523394



LINE DANCING CLASSES

at Long Furlong
with
qualified teacher.
For more info.
www.rhinestonerhythm@hotmail



Efficient, Tidy, Proper,

Lady Plumber



Taking as much care in your
home as I would in mine
01235 539405
07825 578517
DandPPlumbers@yahoo.co.uk



A fun and caring place to learn
through play. Ofsted registered
for children aged 2½ - 5 years. We
offer a high standard of pre-school education in a
friendly & relaxed environment.
To enquire or register
Tel:01235 530756

Paul Dallimore
PAINTING & DECORATING
INTERIOR & EXTERIOR
QUALITY & AFFORDABLE.
01235 200016 HOME
07952 293577 MOBILE
Email paul.dallimore@ntlworld.com

For your free
quote call

Trees lopped, shaped & felled. Fruit trees
pruned Hedges
trimmed
***If you can't afford me
you can't afford anyone!***



Phone: L Smith 01865 724800

B. Jackson Plumbing & Heating



Everything from a dripping tap to a full installation
and
Emergency call outs
Tel: 07788 860199 or 01235 527682

LEARNING TO DRIVE? **50% SUCCESS**
can provide training for
Beginners - Pass Plus - Refreshers - Intensive
courses. We provide FREE Theory and Hazard Per-
ception Training. All lessons taught in a vehicle fitted
with dual controls with female instructor. For
more info:
Call Sonja on 07860 445162
www.sforsuccess.co.uk



PEACHCROFT PRE SCHOOL

Make learning fun at Peachcroft PreSchool.
Excellent facilities and range of toys, supervised
by a friendly dedicated team. Ofsted approved
for children 2½-5 years. For information or to
register please call our supervisor
MRS Helen Day on 01235 555808

* BUGGY CLUB *



at Long Furlong Community Centre. **Every Mon-
day 9.30 - 11.30am**
Come along and meet new friends! Toys, games,
and craft for Children
aged 0 - 5 years £1.50 per session **1st Session free** contact
Sarah 07717 168566
LONGFURLONGBUGGY-

Paul Prior Painting and Decorating INTERIOR & EXTERIOR

No job too small
43 Francis Little Drive, Abingdon
Phone:01235 533930 (home)
0771 9675660 (Mobile)
Call for a free quote now



Qualified Carpenter/ Joiner

Wide range of woodwork/joinery,
odd jobs, patios,
associated bricklaying, etc undertaken.
For FREE estimates please call:
Andrew Lee on Ab. 521119

FIRST BABIES GROUP

Long Furlong Community Centre, Thursday morn-
ings, 10.30 -12. For all first time parents with babies
from birth to 15 months. Expectant parents welcome.
Come and join us for a cup of coffee and a chance to
make new friends.

For more information contact Lynn, at
Home-Start Southern. 01235 511152

Happy Tappers!
Saturday Morning Classes for 5 - 6, 7-8 & 9-11
years North East Abingdon Community Centre
Peachcroft. For more information and to book your place
please call
Alex on 01235 539245 or 07980331074
Or email alex_ledger@hotmail.com



Driving Lessons.

Dual controlled Vauxhall Corsa.
All welcome
Complete beginners to refresher courses.
Training tailored to your needs.
Discount offered when mentioning this ad.
Contact Daniel Cluff, 01235 554387,
0771 235 2011, daniel.cluff@yahoo.co.uk

Springalings
Musical Movement & Activities for under 5's
Starts 20th April
Long Furlong Community Centre, Term Time Only
TUESDAY'S 1-2pm & FRIDAY'S 10-11am
PAY AT THE DOOR £3.50 child/£2.00 sibling
Contact: Julie Bishop 07963 327956 or
fun@springalings.co.uk www.springalings.co.uk

L M K
Ceramic Tiling & Handyman Services
Friendly Reliable Service. Free Estimates
No Job too small
Call Lawrence for all your property
maintenance needs on
01235 535918 or 0789 0988819

To Advertise in The Link Contact Ceri Green
07952876516 or longfurlonglink@sky.com
Circulation Approx. 1200 Adverts £5.00 per issue

**To request a welcome to Long Furlong
and Abingdon Information pack:**
Contact Lisa: lbunyard@hotmail.com